

Sechelt Residents 50+ Survey 2009
SECHELT SENIORS AGE 80+

As of the 2006 census, there were nearly 600 Sechelt residents aged 80 and over. We'd like to know more about you—where you live, how you get around, what you look for in the way of services and supports. You're the expert on living as a senior, and you can help us pinpoint the best ways to make Sechelt a better place for all our elders.

Please mark the appropriate answer to each question. **Your answers are anonymous and confidential, and your privacy protected.**

First, tell us a bit about yourself:

1. How **old** are you? 80-84 _____ 85-89 _____ 90-94 _____ 95 or over _____
2. Are you **female** _____ or **male** _____?
3. Where do you **presently live** in Sechelt? (Mark one only)
 - _____ Downtown Village
 - _____ Wilson Creek
 - _____ Selma Park/Davis Bay
 - _____ West Sechelt
 - _____ West Porpoise Bay
 - _____ East Porpoise Bay
 - _____ Sandy Hook/Tuwanek
 - _____ Sechelt Indian Government District
4. What **kind of dwelling** do you presently live in? (Mark one only)
 - _____ Single detached house
 - _____ Duplex
 - _____ Mobile home
 - _____ Apartment
 - _____ Townhouse or rowhouse
 - _____ Suite in private residence
 - _____ Other (specify) _____

5. **How long** have you lived in your current dwelling?
 1 year____ 2-5 years____ 6-10 years____ 11-15 years____ longer____
6. Do you **own**____ or **rent**____?
 Or do you have some other arrangement?_____
7. Do you live in an **age-limited (55+)** complex or strata? Yes____ No____
8. Do you live in **Greenecourt**? Yes____ No____
9. Does **anyone else live** in your dwelling? (Mark one only)
 _____my spouse/partner
 _____other family members
 _____I share with friend/housemate
 _____I live on my own
 _____other (specify)_____
10. Do you have any **family members** living nearby?
 _____No
 _____Yes, in Sechelt
 _____Yes, on the Sunshine Coast
11. Do you have any **pets**? Yes____ No____
12. Do you **expect to live in Sechelt** the rest of your life?
 Yes____ No____ Maybe____
13. Do you ever **think about moving** from your current home?
 Yes____ No____
14. If yes, approximately **when in the future might you move**?
 1 year____ 2-4 years____ 5 years or longer____
15. Supposing you were to move, **what would you be looking for**? (Mark one only)
 _____I plan to live in my current home indefinitely
 _____A larger detached house, perhaps with a suite
 _____A smaller detached house
 _____A mobile home

- _____ A townhouse or rowhouse
- _____ A bed-sitting room or bachelor suite
- _____ A one or two bedroom apartment
- _____ A garden suite, granny flat or coach-house
- _____ Any accessible housing all on one floor or with an elevator
- _____ Supportive seniors housing like Greenecourt in Sechelt
- _____ Assisted living or care in a facility like Christenson Village
- _____ A full-service seniors residence like Amica in West Vancouver
- _____ Other (specify) _____

16. Do you currently **get help**, either paid or from friends and family, for any of the following tasks? (Mark all that apply)

- _____ yard work
- _____ other outdoor maintenance (gutters, windows, decks, driveway etc.)
- _____ routine housecleaning
- _____ shopping for and preparing meals
- _____ laundry, changing bed-linens
- _____ dressing, bathing, other personal grooming
- _____ taking medications
- _____ handling the mail and paying bills

17. Would you consider **hiring help** to maintain your home and yard?

- _____ No, not needed
- _____ No, I can't afford it
- _____ Yes, if workers are reliable and trustworthy and rates are moderate

18. If you get help, **who provides** it?

- _____ family members help with _____
- _____ neighbours help with _____
- _____ paid services help with _____
- _____ Home Support helps with _____
- _____ other (specify) _____

19. How many **cars** are there in your household?

None _____ 1 _____ 2 _____ more _____

20. How many **drivers** are there in your household?

None _____ 1 _____ 2 _____ more _____

21. How often do **you drive a car?** (Mark the nearest frequency)

Most days____ 1-3 times/week____ 1-3 times/month____ rarely/never____

22. How often do **you get out?** (Mark the nearest frequency)

Most days____ 1-3 times/week____ 1-3 times/month____ rarely/never____

23. What are your usual **destinations** in Sechelt? (Mark all that apply)

- Library
- Seniors Activity Centre
- Church
- Post Office
- House of family member or friend
- Aquatic Centre
- Trail Bay Mall (Clayton's)
- Tsain Ko Mall (Extra Foods)
- Office of doctor, eye doctor, dentist, other medical professional
- Pharmacy
- Physiotherapist, massage therapist, yoga, fitness centre
- Hairdresser or barber
- Veterinarian
- Stores in Davis Bay/Wilson Creek area
- Stores in downtown Sechelt
- Bank, accountant, financial advisor
- Eldercollege at Capilano University
- Raven's Cry Theatre, Rockwood, Seaside Centre, Art Gallery
- Restaurant
- Pub or Legion
- Trail Bay waterfront walkway
- Davis Bay waterfront walkway
- Other destinations (specify) _____

24. **How do you get around** in Sechelt? (Mark all that apply)

- I drive myself
- A friend or family member drives me
- I walk to nearly every destination that matters to me
- I take the bus that runs in and around Sechelt
- I take a taxi
- I call HandyDART
- I use a motorized scooter
- Other (specify) _____

25. Do you have **difficulty getting around**? Yes _____ No _____

26. If yes, **what makes getting around difficult** for you?

27. How would you **rate Sechelt's infrastructure**?

Local roads: adequate____ safe _____ poor_____

Sidewalks: adequate____ safe_____ poor_____

Intersections, crosswalks: adequate__ safe_____ poor_____

Walking trails: adequate____ safe_____ poor_____

Sechelt Library: accessible____ hard to access_____

District of Sechelt offices: accessible____ hard to access_____

Aquatic Centre: accessible____ hard to access_____

Visitor Information Centre: accessible____ hard to access_____

Any other comments? _____

28. Are there any **places** in Sechelt that you **tend to avoid**? (Please specify)

Difficult to get to _____

Difficult to get around in _____

I feel unsafe there _____

Other _____

29. Do you use a **computer**?

_____ No

_____ Yes, I use it to (mark all that apply):

_____ email friends and family

_____ research topics of interest (health, travel, family history)

_____ play games

_____ see videos, read blogs

_____ do internet banking

_____ keep up with the news

_____ use social networking sites (Facebook, Twitter, MSN)

_____ order goods and services online

_____ other (please specify _____)

30. What was your approximate **household income** last year (before taxes)?

- Below \$20,000
- \$20,000 - \$29,999
- \$30,000 - \$39,999
- \$40,000 - \$59,999
- \$60,000 - \$79,999
- \$80,000 - \$99,999
- Above \$100,000

31. What do you **like best** about being a senior in Sechelt?

32. What's **missing or needs attention**, in your view, to ensure a good quality of life for **Sechelt seniors**? (Please specify)

33. What would you like **more information** about? (Mark all that apply)

- Federal and provincial government programs
- Local recreation and education programs
- In-home medical and personal care
- Housing options for seniors
- Financial assistance for seniors
- Transportation options for seniors
- Home maintenance services for seniors
- Other (specify) _____

34. How should agencies, service organizations and other helpers **let you know** about supports and services? (Mark all that you regularly notice and respond to)

- Brochures at Home Support office on Inlet Avenue
- Seniors One-Stop Information Line (604-741-0726)
- Service B.C. office in Teredo Square

- _____ Newspaper ads and inserts in Coast Reporter, The Local
- _____ Local radio
- _____ Local television
- _____ Mailings through the Post Office
- _____ Email
- _____ Websites
- _____ Regularly scheduled presentations at the Seniors Activity Centre
- _____ Other (specify) _____

35. Do you have **any other comments, suggestions or concerns** around ways to make **your life better** as an older senior in Sechelt? (Use the back of this page if needed)

Thank you!

Please drop off your completed questionnaire by ***December 10*** to one of the following locations:

District of Sechelt front desk, 5797 Cowrie St., 2nd floor

Sechelt Library, 5797 Cowrie St., main floor

Sechelt Seniors Activity Centre, 5604 Trail Avenue

Capilano University, 5627 Inlet Avenue

VCH Home Support and Seniors Information, 5630 Inlet Avenue

Visitor Information Centre, Seaside Centre, Ocean and Teredo

Or mail to: 50+ Survey, Planning Dept., District of Sechelt, P.O. Box 129, Sechelt BC V0N 3A0.

If you need assistance with any aspect of this survey, please ask a neighbour, friend, family member or home support worker to help. Or, contact the survey project leader, Sue Jackel, at 604-885-2348, email suejackel@dccnet.com. Your survey answers are important to us.

Please feel free to pass along an extra copy of this survey to a friend or relative who lives in Sechelt. Be sure to select the right survey by age bracket. We appreciate your interest and support.